



Name: \_\_\_\_\_  
 Date of Birth: \_\_\_\_\_  
 Parents' Names: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 City: \_\_\_\_\_  
 State: \_\_\_\_\_ Zip: \_\_\_\_\_  
 Phone: Home (\_\_\_\_\_) \_\_\_\_\_  
 Work (\_\_\_\_\_) \_\_\_\_\_  
 Cell (\_\_\_\_\_) \_\_\_\_\_  
 Emergency Contact: \_\_\_\_\_  
 Emergency Phone: (\_\_\_\_\_) \_\_\_\_\_  
 E-mail Address: \_\_\_\_\_  
 Playing Experience: \_\_\_\_\_

**"DONSKOV HOCKEY DEVELOPMENT WILL MAKE YOU A MORE KNOWLEDGEABLE, CONFIDENT, AND SKILLED HOCKEY PLAYER."** Bob Hartley, Head Coach, Calgary Flames  
 NHL 2001 Stanley Cup Champions, Colorado Avalanche

**Program Objectives & Goals**

- |                     |  |
|---------------------|--|
| <b>To Teach</b>     | <b>To Develop</b>                              |
| Technical skills    | Hockey fundamentals                            |
| Individual tactics  | More skilled and adept hockey player           |
| Team & game tactics | Read & react / on ice confidence and awareness |

**Special Camp Features**

- > Highly Qualified Staff
- > Low Student/ Instructor Ratio
- > Team Competitions
- > Scrimmages
- > The "OV" Cup
- > Dryland Training and Lecture
- > Total Skills Development Training Model
- > Complete Hockey Training

**Camp Overview**

Each DHD camp is designed using a progression format. We feel this format is critical in the development of all hockey players. The first half of every ice session is devoted to fundamental skill development (technical skills and individual tactics). By isolating specific movements, we break down these fundamentals creating a solid foundation for any hockey player, mite through pro. During the second half of every ice session the more tactical aspects of the game are covered. Initially, the focus is on more complex individual tactics, but as the week progresses, more in-depth team tactics, and concepts are discussed. By incorporating our Total Skills Development Training Model along with European training, small area games, dryland training, lectures, team competitions, and high intensity scrimmages, we are able to provide our participants the "total hockey" experience. The progression, complexity, and speed of our practice plans are dependent on the age and skill level of our participants. A low student/instructor ratio will ensure that your son or daughter receives the individual attention he/she deserves. All camps conclude with teams competing for the prestigious "OV" Cup.

**2016 CAMP SCHEDULE & DETAILS**



For all dryland training, DHD is proud to partner with Donskov Strength and Conditioning, Inc., official trainer of NHL/Division I Hockey Players and the Ohio "AAA" Blue Jackets.

**SPACE IS LIMITED!**

CAMP LEVEL	DATES & TIMES	BIRTH YEAR	LECTURE	DRYLAND	PRICE
Mite	Mon-Wed, July 11-13, 8:00-10:00am Thur July 14, 8:00-9:00am Fri July 15, 8:00-10:00am	2008-2010	Wed July 13 10:30-11:30am	Thur July 14, 9:30-10:30am	\$360 (Goaltenders: \$150)
Squirt	Mon-Wed, July 11-13, 11:00am-1:00pm Thur July 14, 11:00am-12:00pm Fri July 15, 11:00am-1:00pm	2006-2007	Wed July 13, 1:30-2:30pm	Thur July 14, 12:30-1:30pm	\$360 (Goaltenders: \$150)
Peewee	Mon-Wed July 11-13, 2:00-4:00pm Thur July 14, 2:00-3:00pm Fri July 15, 2:00-4:00pm	2004-2005	Wed, July 13, 4:30-5:30pm	Thur July 14, 3:30-4:30pm	\$360 (Goaltenders: \$150)
Bantam	Mon-Wed July 18-20, 11:00-1:00pm Thur July 21, 11:00-12:00pm Fri July 22, 11:00-1:00pm	2002-2003	Wed, July 20, 1:30-2:30pm	Thur July 21, 12:30-1:30pm	\$360 (Goaltenders: \$150)
High School / Midget	Mon-Wed July 18-20, 8:00-10:00am Thur July 21, 8:00-9:00am Fri July 22, 8:00-10:00am	1998-2001	Wed, July 20, 10:30-11:30am	Thur July 21, 9:30-10:30am	\$360 (Goaltenders: \$150)

- For all 2016 camps:**
- > Location: Chiller @ Easton
  - > Dryland training sessions will take place at the Chiller @ Easton. Please bring light, breathable, athletic clothing and tennis shoes for this off-ice session.
  - > Lectures will take place at the Chiller @ Easton conference room.
  - > All participants will receive an official Donskov Hockey Development Jersey.
  - > There will be a 10 min. ice cut after the first hour of every on-ice session.
  - > All camp participation is at the sole discretion of Donskov Hockey Development Staff.
  - > A \$100 non-refundable deposit is due with registration.
  - > Balance of payment due June 1, 2016 – NO REFUNDS after June 1, 2016.

Have you worked with DHD Before? (circle one) **Yes** **No**  
 Position: (circle one) **Forward** **Defense** **Goalie**

Mite – \$360     Squirt – \$360     Peewee – \$360  
 Bantam – \$360     Midget/High School – \$360     Goalie – \$150

check enclosed     cash    Amount of Payment: \$ \_\_\_\_\_

Signature: \_\_\_\_\_  
**A \$100 non-refundable deposit due with registration.**  
**Balance of payment due June 1, 2016 — NO REFUNDS after June 1, 2016.**

**Checks payable to:** Donskov Hockey Development  
**Mail to:** Donskov Hockey Development  
 PO Box 367  
 New Albany, OH 43054-0367  
 (614) 523-3112



WAIVER STATEMENT – please read this carefully before signing. Acknowledging that ice hockey is a contact sport, I agree that Donskov Hockey Development, its agents, servants and employees shall not be liable to me/(my child) for any injury or damage, howsoever caused, resulting directly or indirectly from my/(my child's) participation in ice skating and ice hockey, whether incurred on the ice or otherwise in or about the buildings at any time preceding, during or subsequent to the delivery of the instructional program and I hereby discharge Donskov Hockey Development, its agents, servants and employees from all actions, claims and demand I/(my child) may have for any such injury and damage. I also acknowledge that Donskov Hockey Development, its agents, servants and employees are not liable to me/(my child) for any injury and damage, however caused, incurred in or about the residence of school buildings at any time during the term of the instructional school program and I hereby discharge Donskov Hockey Development, its agents, servants and employees from all actions, claims and demands for any such injury and damage. I also understand and agree that no portion of my/(my child's) registration fee will be refunded to me/(my child) in the event of cancellation of the program for reasons beyond Donskov Hockey Development's control, including cancellation of ice time, damage to plant or buildings, mechanical breakdown, acts of God or other failure of the facilities which would, in Donskov Hockey Development's sole and unfettered discretion, prevent the proper operation of the instructional program. I further acknowledge and agree that Donskov Hockey Development, does not insure and will not be expected, at any time, to insure the safety or the proper state of repair of my/(my child's) equipment used by me/(my child) during the instructional program and that Donskov Hockey Development, does not and shall not be considered to guarantee or warrant the instructional materials used by it during the instructional program. I also acknowledge and agree that Donskov Hockey Development, reserves the sole and exclusive right to use any photographs taken during the instructional school for advertising and/or instructional purposes, without cost or charge whatsoever to Donskov Hockey Development. I also understand that my agreements, releases and discharges herein shall bind my heirs, legal representatives and assigns and shall insure to the benefit of Donskov Hockey Development, its agents, servants and employees and their successors and assigns.

Personally/and on behalf of and as authorized agent for my spouse and my child.  
 Signature \_\_\_\_\_  
 Date \_\_\_\_\_  
 List any medication \_\_\_\_\_





## We, the Donskov family, love the game of hockey.

It is this passion that fuels us and helps us understand and motivate hockey players. DHD is built on QUALITY instruction. All of our family members have enjoyed successful hockey careers and, more importantly, are superb instructors. Outstanding qualifications, a strong work ethic, and a genuine concern for teaching and promoting the game of hockey to our athletes, are all characteristics of The DHD Team. Meet our staff!



MISHA DEBBIE ANTHONY PAUL MATTHEW  
**THE DONS KOV HOCKEY DEVELOPMENT TEAM**

### Paul Donskov President / Head Instructor

**EDUCATION:**  
**BSc, Mechanical Engineering,** (The University of Toronto)

Paul has spent decades teaching, coaching, and instructing the game of hockey in Canada and in the United States. Paul is a Canadian NCCP Level V and Canadian National Level III coach. Paul has worked in various capacities including General Manager, Hockey Director, Hockey Operations Consultant, Player Development Program Director, and Power Skating Instructor in central Ohio. Additionally, Paul is a member of the Board of Directors for the Ohio "AAA" Blue Jackets (Tier I Elite "AAA"). Paul continues to be involved with the Coaches' Education Program in both the USA as well as Canada. As a member of USA Hockey, Mid-Am District, Paul serves as an on ice instructor and an evaluator for the "Select Camps".

### Misha Donskov VP, Hockey Operations / Head Instructor

**EDUCATION:**  
**MA, Kinesiology,** Specialization in Coaching Education (The University of Western Ontario); **BSc, Business Administration/Finance,** (Miami (OH) University)

Misha Donskov currently serves as Manager, Hockey Operations/Analytics & Video for Hockey Canada. In this role, he is responsible for managing the video and analytics platform for Hockey Canada's National Men's Teams. Prior to joining Hockey Canada, Misha spent two seasons (2012-2014) as an associate coach with the OHL's Ottawa 67's, and was promoted to assistant general manager in July, 2014. Prior to his work with the 67's, he was an assistant coach and assistant general manager with the OHL's London Knights, winning an OHL championship in 2012. Misha also spent eight years working in the National Hockey League within hockey development programming, community development, fan development, marketing, hockey operations and pro scouting with the Columbus Blue Jackets and Atlanta Thrashers. Recently, Misha served as video coach with Canada's National Junior Team at the 2015 IIHF Ice Hockey World Junior Championships in Montreal and Toronto (gold medal). In addition, Misha served as video coach with Canada's National Men's Under-18 Team at the 2014 IIHF Ice Hockey U18 World Championship last April (bronze medal) and with Canada's National Men's Summer

Under-18 Team at the 2013 Memorial of Ivan Hlinka tournament (gold medal), and had been named an assistant coach for one of Canada's national under-17 teams at the 2014 World Under-17 Hockey Challenge. During the spring of 2011, Misha served as the Player Development/Skills Development Coach and Scouting Specialist for the US Women's National Team in Zurich, Switzerland – helping the team capture the Gold Medal and World Championship. Misha has an extensive coaching and teaching background having worked with players at all levels of the game in the United States, Canada, and Europe. Misha holds a USA Hockey Level V Masters Coaching Certification, and he played at the junior, university, and semi-professional level in Canada, the United States, Sweden and Norway.

### Anthony Donskov Director, Strength & Conditioning / Head Instructor

**EDUCATION:**  
**MS, Exercise Science,** Specialization in Injury Prevention & Performance Enhancement (The California University of Pennsylvania); **BSc, Business Administration,** (Miami (OH) University)

Anthony has an extensive instructing background having worked with players at all levels of the game (learn-to-skate – pro) in the United States and Canada. He played two years of professional hockey (2001 - 2003) for the Lubbock Cotton Kings of the Central Hockey League. Anthony was named the 2003 Central Hockey League's "Man of the Year" for his leadership on the ice and in the community. Prior to playing professional hockey, Anthony played four years of college hockey at Miami (OH) University (CCHA), where he served as an assistant captain his senior year. Anthony also played three years of junior hockey in the U.S. and Canada. Anthony received his USA Hockey Level V Masters Coaching Certification in September 2007. His thesis on "Off-Ice Conditioning" proposed an integrated, systematic approach in designing off-ice protocol for injury prevention and performance enhancement. Anthony is certified through the National Strength and Conditioning Association (CSCS) and the National Academy of Sports Medicine (PES). He is the founder of Donskov Strength and Conditioning, Inc. (www.donskovsc.com), where he trains elite athletes (NHL, Div I), sports teams, and general clientele. Anthony

**WHAT THE PROS HAVE TO SAY...**

is currently serving on the Strength & Conditioning staff of the US Women's Hockey National Team.

### Matthew Donskov Director, Hockey Operations / Head Instructor

**EDUCATION:**  
**BSc, Business Administration & Economics/Minor in Computer Applications,** Summa Cum Laude (Cortland State University)

Matthew has worked in various capacities as a head instructor in Central Ohio, including the Columbus Blue Jackets Hockey Schools. He played four years of college hockey at Cortland State University (SUNY) where he was a two time captain, a Verizon Academic All-American and the national leader in power play goals (2002). He currently sits sixth all-time on the school scoring list. After his career at Cortland, Matthew signed with the Rio Grande Valley Killer Bees of the Central Hockey League and had a brief stint as a professional. Prior to playing at Cortland, Matthew played three years of junior hockey in Canada where he was a 1998 draft choice of the North Bay Centennials of the Ontario Hockey League. Matthew holds a USA Hockey Level IV Advanced Coaching Certification.

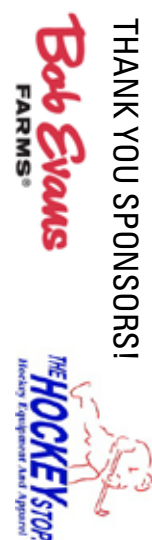
### Debbie Donskov Manager, Hockey Operations

**EDUCATION:**  
**BA, Education & English,** (Ohio University)

Debbie oversees all aspects of the registration process and provides day to day support to Paul, Misha, Anthony, and Matthew. A true hockey mom, she has spent countless hours supporting her sons over the course of their hockey careers. Debbie grew up in Southern Ohio and is a retired middle school teacher.

**"DHD instructors are on the top of the changing trends in hockey, with many years of experience, hard work, attention to the finest details and a passion for the game. DHD will make you a better player and coach."**

*Jim Johnson, Assistant Coach NHL & 13 year NHL Player*



THANK YOU SPONSORS!

**SPACE IS LIMITED!**

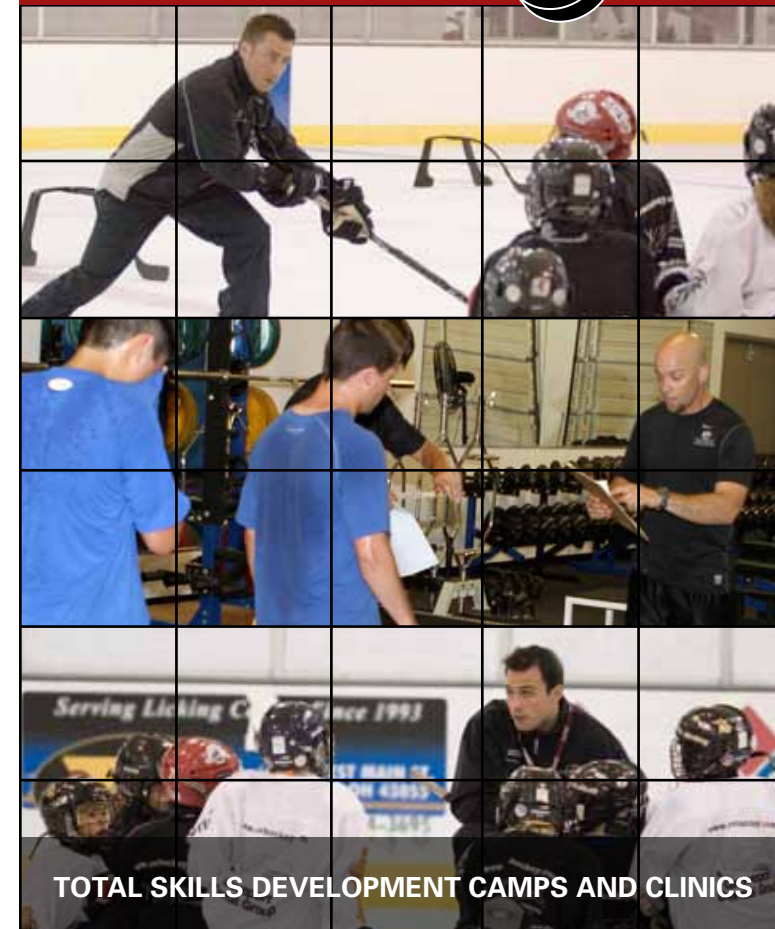
**DONSKOVHOCKEY.COM**

For more information,  
call (614) 523-3112  
or e-mail [info@donskovhockey.com](mailto:info@donskovhockey.com)

**DONS KOV HOCKEY DEVELOPMENT, LLC.**  
PO Box 367, New Albany OH 43054-0367



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**July 11-15 & 18-22, 2016**

**THE CHILLER @ EASTON**  
3600 CHILLER LANE, COLUMBUS, OHIO 43219 • (614) 523-3112

CONNECT WITH DHD



THE OFFICIAL SITE OF DONS KOV HOCKEY DEVELOPMENT  
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